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Overall Champion: Red Team poses as they finish one of the activities prepared by HRAD.

SUMMER OUTING: COMPANY BONDING

By: Joshua Jereza

The relaxed Camayan Beach Resort atmosphere was made a little bit louder and much more cheerful last June 4, as the fun and lively Eurochem family came for a summer outing as a company bonding.

This summer outing was a much needed weekend break and bonding for the Eurochem departments, since the first half 2022 so far brought its many challenges, leaving some of us frustrated, tense, tired, and office relationships

strained because of the built-up pressures.

When tough times come, it's important to be reminded of good memories, and to look forward to building even better memories later on. After first hearing the announcement from HR about the weekend bonding event, a lot of us got very excited with the thought of relaxing and enjoying at the beach with our colleagues and officemates. The

Mandatory group photo: This is right after all teams finished their own ECI Sand Castle.

excitement was felt even the night before, with some employees camping at the office conference room and work areas, also, and early the next morning when there were those who came at 4am, much ahead of the 5am call time. And even on the peaceful drive to Camayan, the anticipation was felt as employees started catching up with one another already, sharing food and drinks, while some caught up on sleep to prepare for the activities ahead.

Our excitement and anticipation were not disappointed when we saw how beautiful and serene the beach venue were (with its clean and fresh waters and bright and clear skies and mountains in the distance), and also the many jam-packed activities organized by our thoughtful HR team.

After arriving at the venue and settling in our team kubos, we had a delicious buffet breakfast, and some time to appreciate the natural beauty of the venue. Cont. on P.2





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Fr. P.1 We then proceeded with the exciting games and meaningful team building activities for the day, starting with a relay race to warm up our competitive spirit, eager to finish first in all the challenges (including lifting teammates, swimming, shoveling sand, and shouting ECI CHEERS TO 30 YEARS!!) and winning one for the team. The spirit of fun, competition, and family carried on to the other games like the seashell hunt and building sandcastles.

The downtimes were especially memorable too as each employee had his or her own adventure, for some may it be playing beach volleyball, playing one-of-a kind card games, karaoke, encountering the wildlife (octopus, fish, crab, monkeys, or other wild ones), taking care of a random child, watching Netflix, touring around the kubos for shots, taking selfies/group-fies/my-days, and getting to know more of the employees that we haven't talked to much before.



With the day ending, and on the ride back to Eurochem, we can't help but be thankful for the full day we just had and the memories made. Everyone would agree that while the games all made our bodies exhausted, our hearts and minds were rested and engaged, and that good memories and more meaningful connections were made as well. Thank you Eurochem, we look forward to coming back stronger and working better together as a team and family, to which we say: "ECI, Cheers to 30 Years!"

SFAT, STANDARD FIRST AID TRAINING IT DOES MORE THAN HELP SAVE LIVES

By: Adrian Michael Tinsay

ROLES OF FIRST-AID

I. It is the bridge that fills the gap between the victim and the physician.

2. It is not intended to compete with, nor take the place of the services of the physician.

3. It ends when the services of a physician begin.

The Standard First Aid Training aims to equip participants with knowledge, skills, and confidence in providing care for a person who has been injured or suddenly becomes ill. This includes lectures and demonstrations on bandaging techniques, emergency transfers, and everyday emergencies. While the Basic Life Support-Cardiopulmonary Resuscitation Course aims to equip participants with knowledge, skills, and confidence to perform management to a person whose breathing and heartbeat suddenly stopped. This includes lectures and demonstrations on performing foreign airway obstruction management, rescue breathing, and CPR. These two are

under the Safety Services, one of the major service arms of the Philippine Red Cross.

From L to R: Jonel Wagwag, Adrian Tinsay,

Francis Hidalgo, Caryl Catan, Melvin Montero, Jojo Cervantes

I've learned in this training the standards, importance, and legal administration of first aid. Here are the reasons why first aid knowledge is essential: (1) It enables you to increase patient comfort. (2). It does more than help save lives. (3) It gives you tools to prevent the situation from becoming worse. (4) It creates the confidence to care. (5) It encourages healthy and safe living.

It's true that having first aid training undoubtedly helps save lives. That's not all though; giving appropriate first aid immediately can help to reduce a person's recovery time and make the difference between the patient having a temporary or long-term disability. You'll learn how to remain calm in emergency situations and you'll learn simple acronyms to help you recall the steps you need to take. First aid training will make you confident and comfortable and therefore more effective and in control when you need to be.







OSH, YOUR KEY PARTNER TO THE SAFEST WORKPLACE!

By: Sherwin Sarenas

Have you thought about how accidents at the workplace are prevented? Or how can I improve my workplace safety? These questions are just some of the frequently asked questions related to occupational safety.

I was lucky enough because the Admin Department led by Admin Safety Health Officer Christopher Soberano conducted an Occupation

Safety and Health training last April 27, 2022. The training offers a glimpse regarding occupational safety and health.



Occupational Safety and Health (OSH) deals with all aspects of health and safety in the workplace and has a strong focus on primary prevention of hazards. Its goal is to prevent accidents and harm to people from work-related activities. The main objective of occupational health is to improve and protect employee health in the workplace. This includes the physical, mental, and social health of employees in the workplace.

This OSH Training gives us a proper understanding about the general concept of OSH, basic safety rules and measures, OSH standards and OSH legislation.

OSH practices should be properly observed in the workplace to reduce hazards. Safety must be our top priority, lack of safety practices can have tremendous effects. Knowing OSH helps us to be more conscious of what we do. It is the umbrella for a company's efforts to prevent injuries and hazards in all work environments.

To welcome our newly hired colleagues, we asked them the following questions:

By: Joana Caasi

- 1. How do you find ECI as a company?
- 2. What do you think are the things that will motivate you to do a job well done?
- 3. What do you expect in a boss, co-workers, and the company?



- 1. As of this writing, it has been two months since I joined ECI and so far, I find the company a less stressful place to work for a number of reasons. I appreciate how the company balances work and fun by organizing company social events and provide the employees in-house training to improve more on their skills.
- James Digol, TSD 2. I believe that having a positive company culture and enabling workplace that recognizes my work, small successes they may be, motivate me to continue to be better at my job. More than the income, these factors would cultivate a sense of purpose or meaning at every task that I do. There is always that joy and satisfaction in doing things that you love when you are in a company that gives back.
- 3. I expect nothing less of respect and good camaraderie from them. It's already a given that I am working with talented and skilled colleagues in the department, so having a mutual trust and fellowship with each other would make me even love and appreciate my job more and be more productive. Working with such group makes each day at work something to look forward to.



- 1. I find ECI as a family oriented company
- 2. Working with great people, continues learning and sharing knowledge
- Nichole John Ramos, TSD
- 3. Demonstrate professionalism at all times, in their speech, demeanor, duties and appearance.











KPI TRAINING

By: Rey Anzures



Development, Implementation, and Monitoring of KPI's, the main focus on KPI training conducted by Sir Henry Palaca of QPIus dated June 30, 2022 held at the 3rd Floor Conference Room.

In attendance, QMS Ambassadors and Department Managers and Heads, a half-day session, turned full day.

A very evocative training and workshops that put all departments attendees and Ambassadors alike to the edge of their seats to rectify and aligned existing KPI's to a more 'All-inclusive and Quantifiable one." Probably not be the last, as we are more determined to hit our Goals.

See you on the next session...!!!

QMS: APPLICATION OF 3S

By: Mellisa Lo

SORT

Sorting things out allows you to easily access all of them in times of need. This includes your table, documents and even files . When things are neat and organized it will be easy for us to think where do we get a specific document or even simple things like stapler of puncher.

Sorted documents in storage box or in PC also allows accessibility to others. When things are sorted out, it will be easier for your coworkers to find the documents that they have been looking for. This will be efficient for you and your co-worker's time as they can find the documents without asking for your help.





SET IN ORDER

Organized documents avoid mis confusion. If the documents are set in order, we can avoid corrective action due to misplacement of documents.

Organized documents are easy to follow and to understand. When endorsing documents to co-workers, it needs to be set in order so that it will be easy to understand.

SHINE

Focuses on cleaning up the work area, which means sweeping, mopping, dusting, wiping down surfaces, putting tools and materials away.

HOW DO WE ENCOURAGE OTHERS TO DO 3S?

Lead others to do it. Initiate the habit of doing 3s so that other will be able to take you as their example and employ it to their work habit.

Show them what 3s can do. If they can see what the habit of doing 3s can significantly do to their work environment, they will include it in their own system and even share it to others.

Apply 3s in everyday life. 3s can offer so much convenience not just with our work but as well as in our every day life. Applying this to our everyday routine would allow others to appreciate it as they will be able to see that it can be used in other aspects as well.









SPREADSHEET TRAINING

By: Joana Caasi

The IT Department held a 2-day training about Spreadsheet last May 17 and 19, 2022. This was facilitated by Sir Rey Anzures and Sir Rey Endonilla. The training covers formulas that can add, subtract, multiply and divide hundreds of numbers altogether. This is important for employees who make reports and want to gather data. The training ended with a problem-solving activity that challenged all the participants as they tried to solve the questions prepared by the facilitator.



ECIDEA CONTEST

ECIdea is a marketing-initiated activity that engaged ECI employees and relatives. For Q2 2022, The Marketing Department - Food and Nutra is campaigning MOTHER & INFANT NUTRITION.

The activity is to write a slogan / tagline about the importance of breastfeeding which highlights the links between breastfeeding and survival, health and wellbeing of women, and children. The slogan/tagline must be 5-15 words. Three creative slogans were handpicked and won a cash prize. The wining slogan is featured in the Q2 Mother and Infant Care Nutrition Campaign which will be promoted to our clients.

20 creative participants joined the said activity that ran for 2 weeks from May 1-15, 2022. The winners were announced via viber last May 17, 2022. Congratulations to Jobelle Borlaza, wife of Jimar Borlaza of finance for winning first place taking home Php1,500 in cash and featured in our Food and Nutra Q2 Marketing Camapign "PROBIO-TEQ".



There is a significant rise of covid-19 cases in NCR. Other parts of the country have also detected an increase The truth is, I can no longer remember who gave me this number of covid-19 cases.

the Philippines has detected more cases of highly infectious Omicron subvariants BA.5 and BA.2.12.1. Six new cases of BA.5 were detected in samples from Metro Manila, Cagayan Valley, Western Visayas, and Northern Mindanao.

Metro Manila and other parts of the Philippines are navigating the "new normal," with the country sustaining relatively low numbers of covid-19 cases. But The situation continues to evolve, including the emergence of subvariants, and potential surges are not being ruled out.

Metro Manila and most parts of the country remain under Alert Level 1 from June 16 to 30. Gentle reminder to Please observe Government mandated health protocols. Always wear your face mask. Stay away from the crowd and observe social distancing. Stay Safe Always 🕲 **ASHO**



"What was the best career advice you've received?"

By: Trina Aquino

advice. But what I can remember is that I scored it in my heart and have been telling the same advice to everyone Last June 15, the Department of Health announced that I meet. "Treat your job as if it was your own company." Real company owners would never let their company down let alone its people. So, when things don't go your way at work, think of "if I was the owner, what can I do?" Always do things with the best of intentions, for the good of the people and the company. No matter what it is, good deeds always come back tenfold.









